

PUBLIC TALKS OPEN TO EVERYONE!

PROF. RINGU TULKU RINPOCHE



Rokpa Dundee

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Ringu Tulku Rinpoche is a Tibetan Buddhist Master of the Kagyu Order & a Professor of Tibetology & author who teaches in English.

He has lectured in more than 50 Universities & Buddhist Centers throughout the world.

**Wednesday
21st May**

**Initiation in Vajrayana Buddhism
- Initiation of Vajrasattva**

3.00 pm (£10.00)

Explaining the purpose and meaning of initiation. Rinpoche will bestow the Vajrayana Initiation of Vajrasattva whose practice removes negativity.

The Path of Positive Emotions

7.00 pm (£10.00)

Negative emotions help us survive & Positive emotions help us to grow Ringu Tulku explains positive emotion and how to cultivate them.

**Thursday
22nd May**

**Meditation instructions,
Easy to understand & Easy to follow**

10 am - 12 pm

1.30 pm - 3 pm

7.30 pm - 9 pm

Deeply profound, simply spoken, liberating meditations of the renowned Tibetan master Patrul Rinpoche.

(£15 per session or Full day £35)

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